



# Impact Report

2023-2024

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# Message from our CEO

As I reflect on this past year, I am, as always, humbled and grateful for the loyalty and dedication of our donors, without whom, millions would still face a life of darkness and disenfranchisement. Your generous Zakat and Sadaqah donations ensure that we can serve the most vulnerable and needy and restore vision and hope.

However, as Pakistan's population grows, so too do the demands on our services. This year we have seen a shift, in particular, demand for routine surgeries has decreased a little but demand for treatment of more complex sight conditions has increased. This is partly because there is more awareness of eye health issues and earlier medical intervention, more hospitals providing routine treatments making treatment more affordable. For us, the increased demand to treat complex eye problems requires more resources, specialist medical equipment and greater medical specialisms, which thankfully we have. GLT and LRBT are well placed to build on its reputation of excellence and develop itself further as the specialist ophthalmic medical network in Pakistan.

This year has not been without its challenges. The conflict in the Middle East in particular has diverted attention and funds to that region and we have fought harder than ever for every donation in this very crowded space, where bigger marketing budgets can command attention and revenue. That said, we have seen our highest revenue ever and are well placed to continue with our commitments to LRBT and support major infrastructure projects at LRBT next year as well as undertake internal transformation projects to build an organisation fit for the future.



Nusrat Mirza  
CEO  
Graham Layton Trust



# Scale of the need

## Global health inequality

Globally 1.1 billion people suffer with visual impairment because they do not have access to basic eye care services. It currently costs the global economy £411 billion per annum in lost productivity.

90% of the world's visually impaired live in low and middle income countries where sight loss is compounded by poverty because people cannot afford treatment, inequality of access to medical services and growing populations.

## Health inequality in Pakistan

Pakistan reflects this disparity with a disproportionately large number of blind or visually impaired people compared to other developing countries.

In a country with a population of 250 million, 100 million live below the poverty line and it is not surprising that affordability is a major factor in seeking eye health services. The average salary for a worker in Pakistan is around £8 per day, compared to £80 per day in the UK. Daily labourers earn approximately £2.50 per day and incomes barely provide for subsistence. Thus sight loss and lost work pushes families into economic hardship and destitution.

Food insecurity is a signifier of economic conditions, 38 million people in Pakistan are food insecure, and 60% of their income is spent on food.

Malnutrition affects 40% of children, which can adversely impact overall health, including eye health. Poor diets as well as limited awareness of eye health and hygiene are all contributory factors for sight loss.

In Pakistan, government expenditure on health is low compared to high income countries,

# Health inequalities

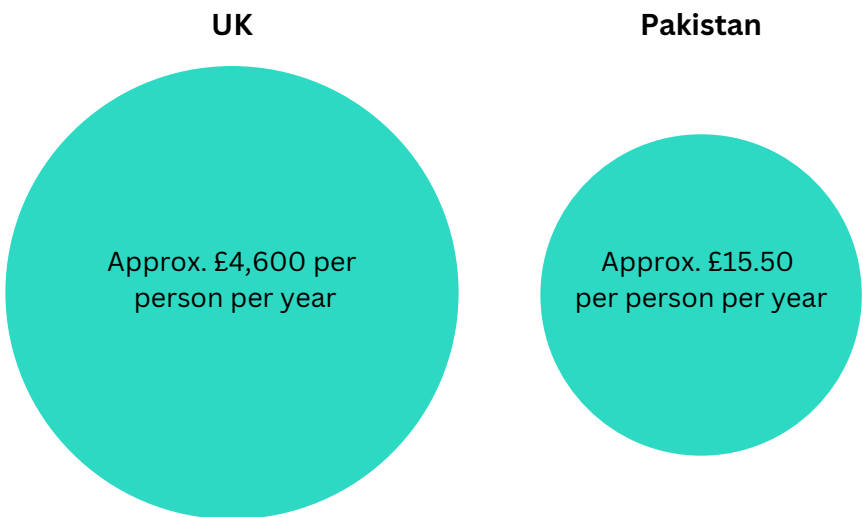
The lack of quality health services for the poor and underprivileged creates a two tier health system dominated by private hospitals and clinics, which are beyond the reach of most Pakistanis.

Other issues include poor access to medical services, which are often too far away for poor people to afford the journey or take time off from daily labouring work. Inadequate health and safety at work results in avoidable accidents and injuries.

These factors create the conditions for poverty, which is both a contributor and an outcome of inequality. These groups form our largest patient cohorts who receive treatment from Zakat donations.

The Graham Layton Trust and the Layton Rahmatulla Benevolent Trust are a vital national resource, providing a trusted health safety net for the poor and underprivileged in Pakistan.

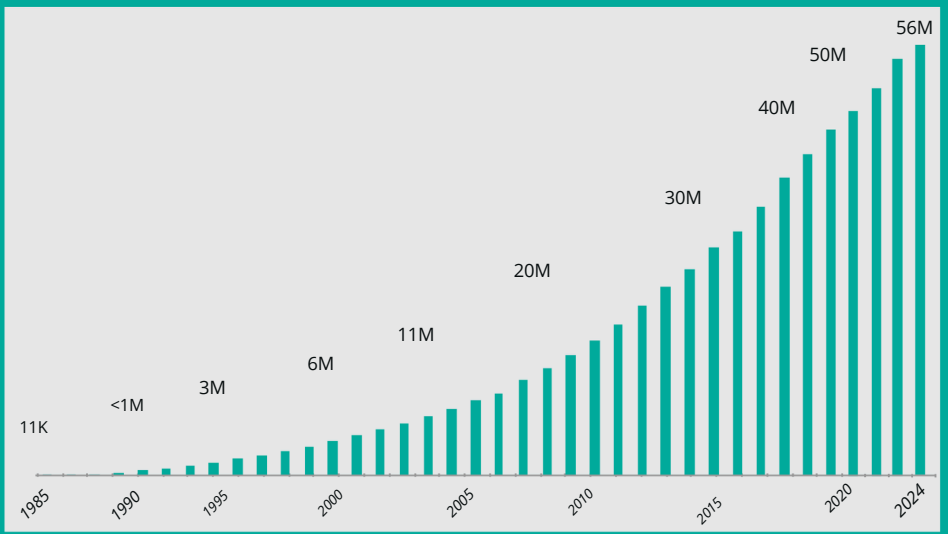
## Health spending comparison



# Increasing demand on resources

## Growth in demand

Over 50 Million Patients Treated Since 1985



## Why money matters

We never turn away any patients because many have travelled far to reach our hospitals in search of free high quality eye care. We are proud to be recognised as the national eye health safety net for many poor and vulnerable people and our high success rate is testament to the trust patients and donors have placed in us.

***While ad hoc donations are welcome, the real key to effective and strategic delivery of services is access to unrestricted multi-year support so we can plan for and respond to changing needs and emerging technologies.***

# A year in figures

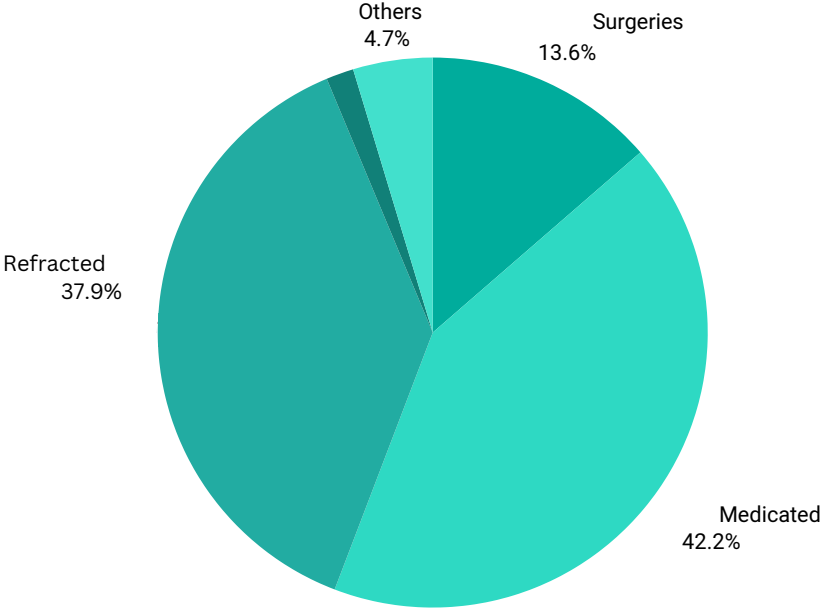
**Total patients screened**  
**3,003,910**



**Total surgeries in the year**  
**292,567**

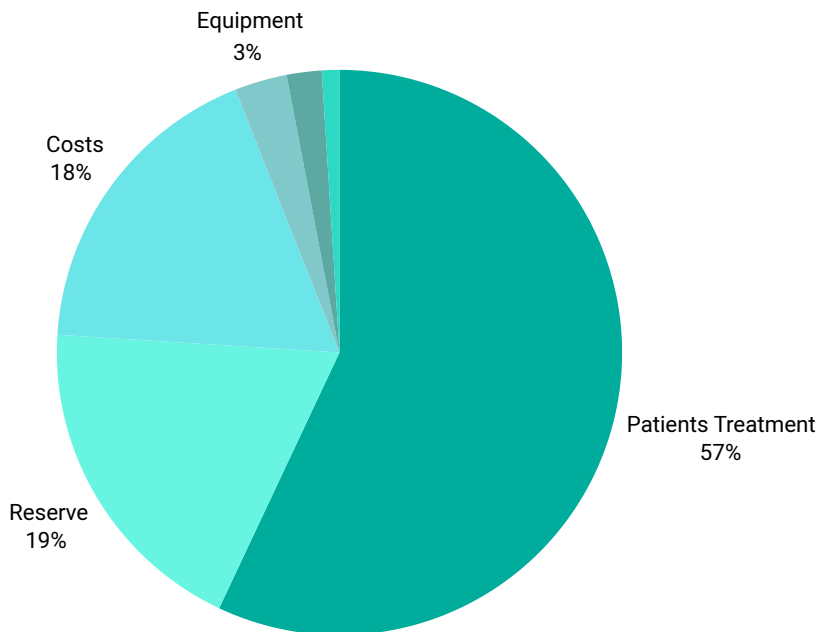


## Breakdown of treatments



# How donations are used

## Breakdown of funds deployment



## How we manage funds

We work closely with LRBT in Pakistan to ensure we meet their annual funding requirements and have reserves to respond effectively and quickly to any changes in their requirements or to respond to natural disasters as we did in the initial flood response in 2022.

We endeavour to maintain our costs as low as we can while ensuring we are fully compliant and maintain the tightest standards of governance. Gift Aid is a vital resource that helps fund support costs.

We take the responsibility for utilising Zakat donations very seriously and ensure it is used only to treat 65% of our patients who are eligible for treatment with Zakat.

# Eye cancer treatment

## A long journey

At LRBT, our dedicated eye cancer specialists collaborate with various facilities to identify and treat cancer early, significantly improving recovery rates.

Cancer treatment has advanced, enabling more people to recover fully and lead productive lives post-remission. We work with hospitals, institutions, and charities to ease the financial burden and optimize resources. Adults often develop ocular cancer alongside other cancers like Leukemia, Lymphoma, or Melanoma, presenting symptoms such as blurred vision, lumps, and pain.

Children's eye cancer, typically Retinoblastoma, can be fully treated with early diagnosis. Our team of specialists ensures the best recovery chances for young patients, monitoring them and their families for 10 years to ensure they remain cancer-free.

Our effective treatments not only prevent cancer spread but also help patients return to normal life. In addition to medical care, we go above and beyond to support patients, providing them with motivation and hope throughout their journey.



# Mental health programme

## A holistic approach to sight loss and overall well-being

Our mental health programme is designed to support patients facing mental stress or anxiety due to chronic eye conditions. Since 2022, this initiative has offered free counselling services to help individuals cope with long term sight problems or sight loss and the challenges of losing independence.

Recognizing that adults with vision impairment often experience lower workforce participation and higher levels of anxiety and depression, our programme provides a holistic approach to eye care and wellbeing. By integrating mental health support from professional experts, we not only treat eye ailments but also enhance the overall well-being of our patients, making them feel less isolated and empowering them with healthy coping mechanisms.

To date, 474 patients have benefitted from the Eye Care Plus programme, underscoring its critical role in addressing both physical and mental health aspects of eye care. This is a groundbreaking initiative, the only programme of its kind in the country.



# Shabbir's story

## 56 millionth patient Story of Shabbir

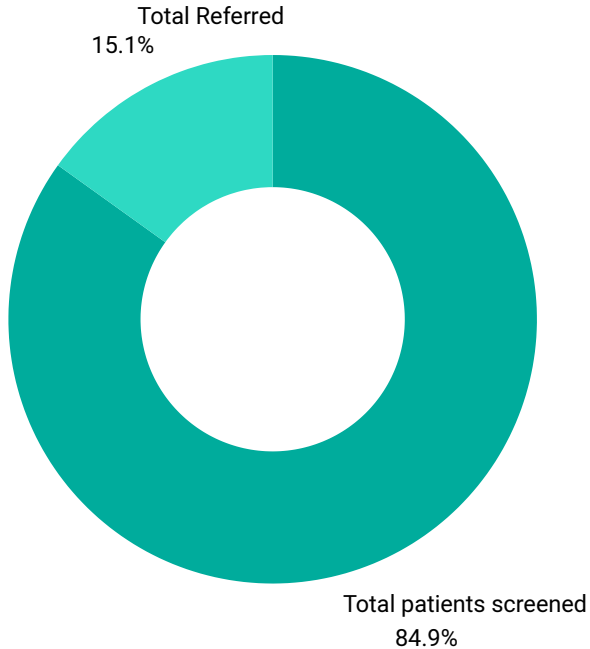


Shabbir, our 56 millionth patient, shared his appreciation for receiving free treatment at our newly established hospital in Rahim Yar Khan, in his hometown. He takes care of his younger siblings alongside his grandmother, as his father works in another city and his mother passed away a few years ago.

“Having access to treatment in my own city feels like a miracle, as there are only few medical facilities available here.” ~ Shabbir

# Mobile eye Camps

Total patients screened: 21,238



Total eye screening camps: 74

## Locations

- Akora Khattak area: **2 camps**
- Arifwala area: **5 camps**
- Chiniot area: **3 camps**
- Gambat area: **2 camps**
- Khanewal area: **15 camps**
- Korangi area: **27 camps**
- Lahore area: **2 camps**
- Lar Multan area: **4 camps**
- Mandra area: **4 camps**
- Rashidabad area: **5 camps**
- Shahpur Saddar area: **5 camps**

# GLT sponsored eye camps

## KORT (Kashmir orphans Relief Trust)

Graham Layton Trust is committed to enhancing children's eyesight for a better future and takes pride in supporting other charities that assist Pakistan's vulnerable populations in transforming their lives. In collaboration with GLT, LRBT arranged an eye screening camp at KORT recently. 500 children and staff members were screened. Chaudhry Mohammed Akhtar, the founder of KORT, thanked GLT for their kind support.



## Taqwa - school for street children

Thanks to the generous support of donor Asha Chohan, GLT in partnership with LRBT successfully organised a free eye camp at Taqwa school, for street children in Peshawar. Over 100 students were screened, eye conditions such as Conjunctivitis, Blepharitis, and Photophobia were treated with free medicine. Together, we are making a positive impact on the lives of vulnerable children across Pakistan.



# School eye screening program

## Early detection and treatment

LRBT has been running a school screening program since 1998. Through this programme 24 schools were visited and over 26,000 school children were screened this year.

Our programme has wide coverage with minimal utilization of resources. By implementing effective school health programs and training the teachers , our children's eye health, their education and well being can improve.



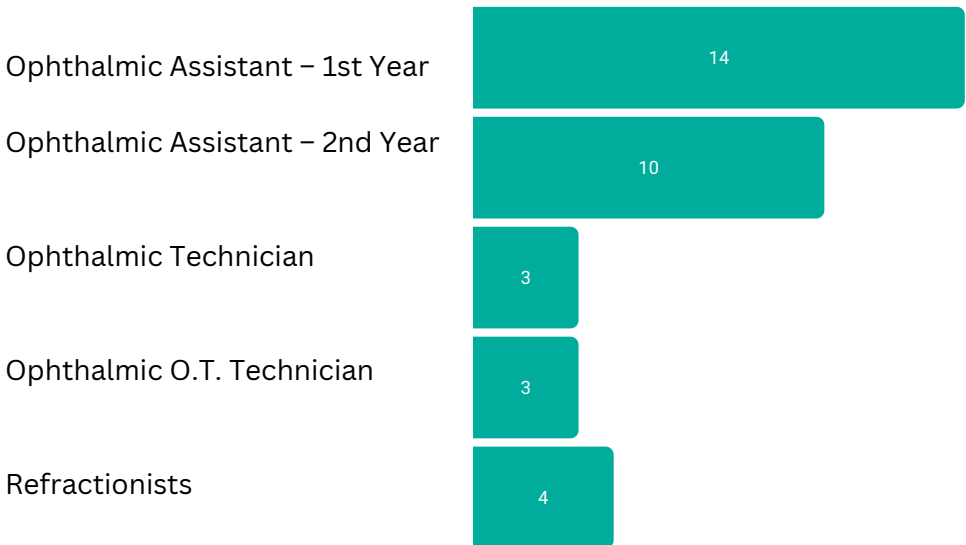
# Training Doctors

## Training Doctors

Presently 57 doctors are undertaking our Postgraduate Programmes at our 3 teaching hospitals at training at Korangi in Karachi, Lahore (Multan Road) and Lahore (Township) hospitals.



## School of paramedicine



# Hospital network

20



Hospitals

61



Eye centers



# Our 20th hospital -Rahim Yar Khan

## Growing network

Rahim Yar Khan hospital in Punjab opened on 22 April 2024. The establishment of this, our 20th hospital was critically important because of the lack of free eye care services in the region. Since it opened, the hospital has treated over 12,000 patients and conducted over 1,000 surgeries. The current ward capacity stands at 32 beds.

Our new hospital will serve the communities in the districts of Rahim Yar Khan, Bahawalpur, Rajanpur, Ghotki, and Kashmore, which collectively have a population of approximately 15 million people.

The importance of free eye care in these predominantly rural and economically disadvantaged regions cannot be overstated. The prevalence of blindness is three times higher among the poor compared to the affluent, and 90% of blindness is curable. Given that 22% of the population lives below the poverty line, with 60% of income being spent on food, medical expenses can be catastrophic for many families. Our hospital aims to alleviate this burden by providing free, comprehensive eye care services, helping individuals become productive members of society again.

The entire project at Rahim Yar Khan, including land, construction and equipment costs were provided by a UAE donor, who also supported work at our Khanewal and Gambat hospitals.



# Construction of school of paramedicine

## Building capacity

LRBT has a school of paramedicine which directly addresses health workforce training needs with undergraduate courses designed to enhance knowledge, skills, and confidence. This year 37 students will qualify in various technical roles.

Accredited by Sohail University, we launched a four-year BSc Optometry degree programme this year. However, learning space was limited for the number of enrolling students and an extension to the Korangi hospital was commissioned.

Mrs. Spenta Kandawala, an LRBT Trustee, generously offered to fund construction of a new floor in memory of her late brother, Mr. Farrokh Captain, also a dedicated LRBT Trustee for over 30 years. Work on the project began on May 10th, 2024, and is scheduled for completion by May 9th, 2025.



# Training doctors from Africa

## International knowledge sharing

LRBT is currently hosting 15 distinguished ophthalmologists from various African nations at its School of Paramedicine at LRBT's Tertiary Teaching Eye Hospital in Karachi. Our year-long collaboration with COMSTECH advances expertise in glaucoma and diabetic retinopathy. Their eagerness to learn from our skilled team promises a strong partnership in eye care education and innovation.

COMSTECH, led by Pakistan's President, promotes science and technology collaboration among OIC member states, focusing on training in emerging areas to advance the Islamic world.



# Financial accounts

## Statement of financial activities for the year ended June 2024

			2024	2023
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations and legacies	438,949	3,100	442,049	424,263
Other trading activities	390,610	51,700	442,310	252,120
Investment income	<u>17,854</u>	<u>-</u>	<u>17,854</u>	<u>4,825</u>
<b>Total</b>	<b><u>847,413</u></b>	<b><u>54,800</u></b>	<b><u>902,213</u></b>	<b><u>681,208</u></b>
<b>EXPENDITURE ON</b>				
Raising donations and legacies	228,188	-	228,188	180,870
Charitable donations	<u>479,922</u>	<u>121,265</u>	<u>601,187</u>	<u>163,221</u>
<b>Total</b>	<b><u>708,110</u></b>	<b><u>121,265</u></b>	<b><u>829,375</u></b>	<b><u>344,091</u></b>
<b>NET INCOME/EXPENDITURE</b>	<b><u>139,303</u></b>	<b><u>(66,465)</u></b>	<b><u>72,838</u></b>	<b><u>337,117</u></b>
<b>RECONCILIATION OF FUNDS</b>				
Total funds brought forward	599,336	105,918	705,254	368,137
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b><u>738,639</u></b>	<b><u>39,453</u></b>	<b><u>778,092</u></b>	<b><u>705,254</u></b>

The Board of Trustees confirms that this financial summary is taken from the draft accounts for the year and is subject to audit. The summary does not contain all the information necessary to allow a full understanding of the financial affairs of the Graham Layton Trust. Copies of the full accounts, once audit is complete, will be filed with the Charity Commission and may be obtained from: Graham Layton Trust, 9 Berners Place, London W1T 3AD.

# Plans for the year ahead

## Rebrand

We are planning to rebrand the Graham Layton Trust to Layton Rahmatulla Benevolent Trust to align ourselves with LRBT and its other international chapters. The rebrand should be completed by December 2024.

## Kalakalay hospital extension

LRBT has requested financial support to develop and extend the Kalakalay hospital in the Khyber Pakhtunkhwa province of Pakistan. Situated in the north, the region experiences extremely cold winters and the building is too small to provide additional ophthalmic services that are much needed and to house the patients awaiting treatment and thus many wait outside in bitterly cold weather.

This project will commence in September 2024.

## Solarisation of the hospital network

Solarisation of the hospital network would guarantee sustainable energy supplies and reduce operating costs. We are considering a proposal from LRBT to fund a major solarisation project with funding received from a legacy.

The project is under consideration.

# Charity Information

## Registered Charity in England and Wales

Charity number 290464

### Office address

9 Berners Place London, W1T 3AD

### Board of Trustees

David Kotler (Chairman)

Vaiz Karamatullah

Jehangir Mehta (Hon. Treasurer)

Vica Irani

Art Malik

Rahila Zakir

Khalid Mehmood

### Auditors name & address

Ashings Chartered Accountants

Northside House, Mount Pleasant, Barnet EN4 9EB

### Bankers name & address

HSBC Plc

196 Oxford Street, London W1D 1NT



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