

Graham Layton Trust
Impact Report 2020

A Message From Our Chairman

For over 35 years, all our efforts have been dedicated to realising the mission of our founder, Graham Layton, that “no one should go blind because they cannot afford the treatment.”

The Graham Layton Trust (GLT) is the fundraising arm of Layton Rahmatulla Benevolent Trust (LRBT), the principal free eye care provider in Pakistan. GLT was set up to raise awareness and money for LRBT so that they can continue their work.

We are dedicated to providing compassionate care for all patients and to uphold the highest standards of clinical excellence. Despite the challenges brought about by the pandemic, our hospitals are fully operational and we are committed to restoring sight and helping rehabilitate individuals in regaining their independence and sustaining livelihoods.

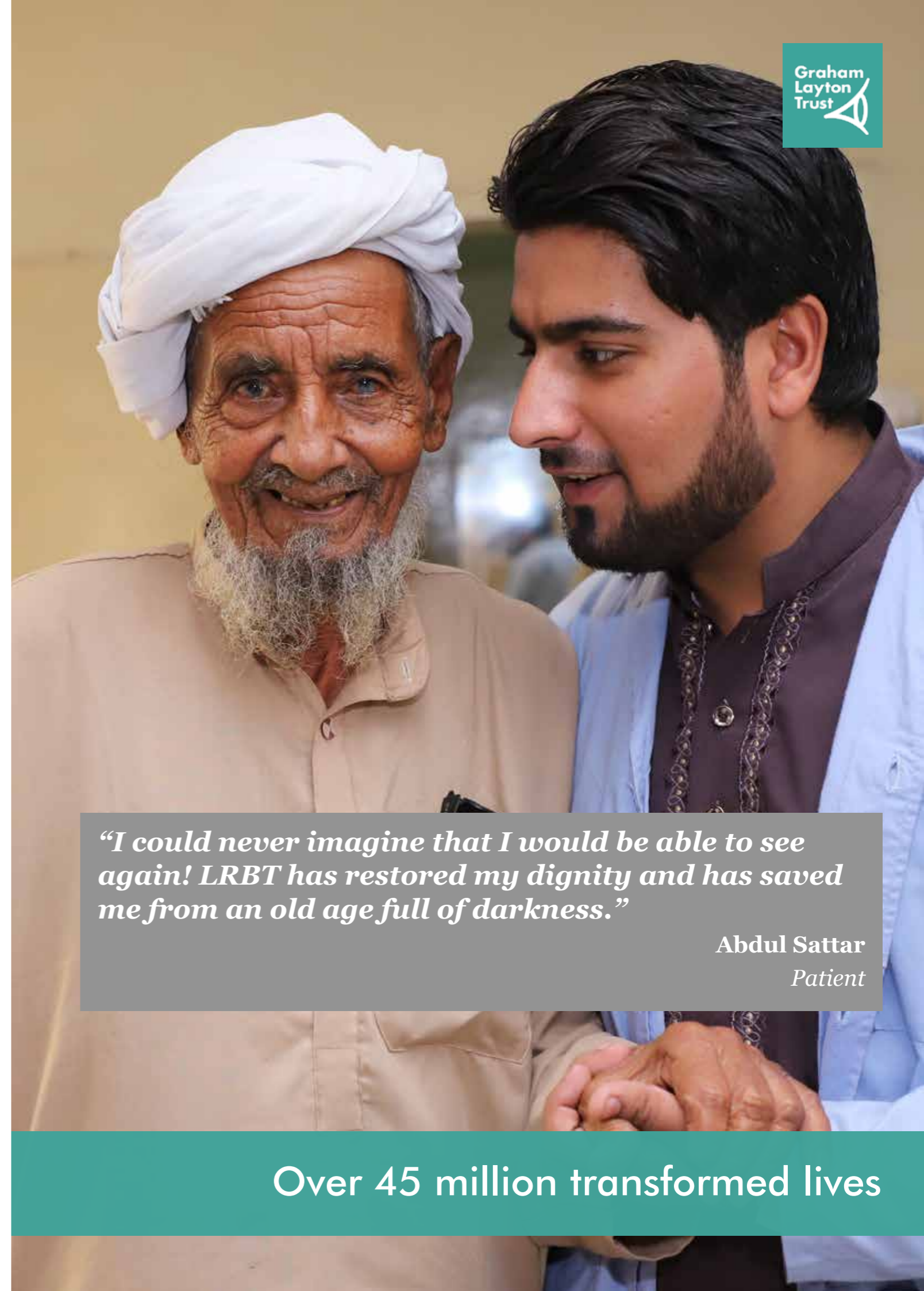
These aspirations depend on the generosity of our donors, supporters and partners in providing the resources necessary to build and maintain a free eye health service for the poor.

Nearly half of the population lives on or below the poverty line and were it not for the support we receive from generous donors around the world, the underprivileged would not have access to eye care.

I thank you most sincerely for your support.



Mian Ershad Zaheen
Chairman



“I could never imagine that I would be able to see again! LRBT has restored my dignity and has saved me from an old age full of darkness.”

Abdul Sattar
Patient

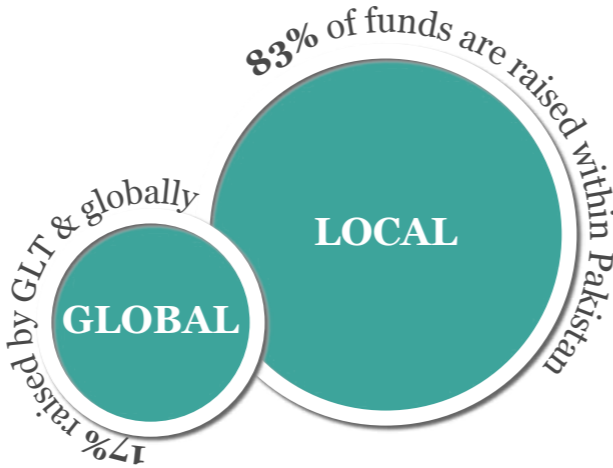
Over 45 million transformed lives

Our Mission

Our goal is simple; to treat curable blindness and visual impairment by providing high quality free eye surgery and ophthalmic care for those who cannot afford treatment.

For over 35 years, the Graham Layton Trust and its sister charity, Layton Rahmatulla Benevolent Trust have worked closely to meet the eye health needs of Pakistan’s poorest citizens.

Whilst much of the finance required to build and maintain the essential infrastructure comes from within Pakistan, the contribution that GLT makes enables further growth.



Founding Principles

- 1. That no man, woman or child should go blind just because they cannot afford treatment.
- 2. Patients should be treated with compassion and dignity.
- 3. There should be no discrimination due to gender, caste, ethnicity, language, religion or sect.
- 4. Treatment should be appropriate and state of the art. Charity should not mean second-rate treatment.



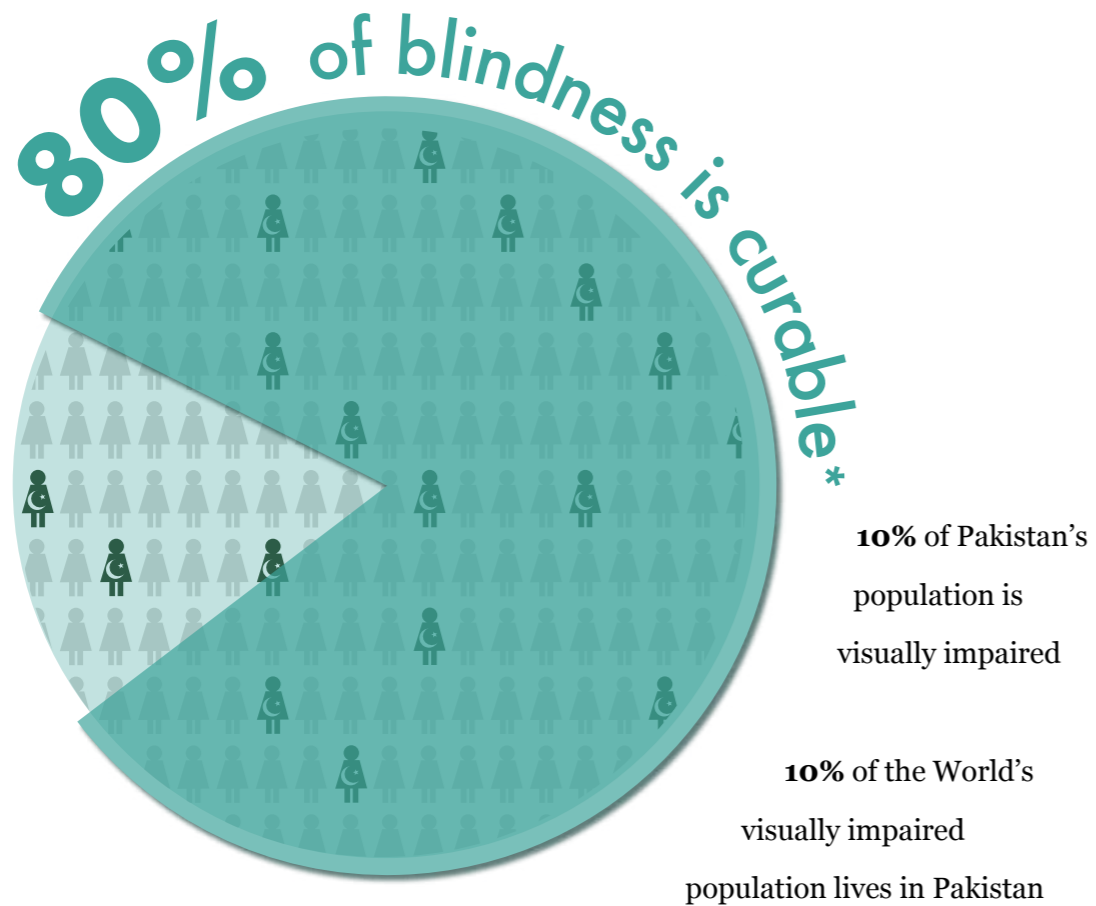
Treatment continues safely for patients and staff during global pandemic



Eye Health in Pakistan

90% of the world's visually impaired live in the developing world.

Pakistan has a population of 200 million people. 10% of the population is visually impaired, 3 million of whom are children.

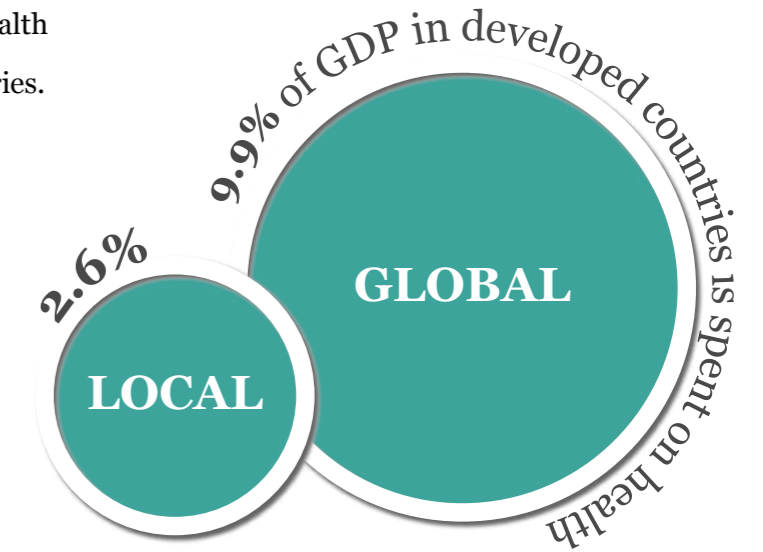


* Source: WHO

There is a high prevalence of blindness and visual impairment in remote rural villages, which have been poorly served by health authorities.

High urbanisation rates and the growth of informal settlements or 'slums' means the urban poor are also inadequately served. Untreated, these marginalised groups face a life of dependence, hardship and poverty. There is, of course, a wider economic impact; currently, the loss of productivity is estimated at £510m annually.

Just 2.6% of GDP in Pakistan is spent on health care, compared to 9.9% in developed countries.



2/3 of population of Pakistan earn less than £1.50 per day (Source: World Bank)

We want to give individuals the chance to realise their full potential, helping them to stay engaged with their families and communities and become productive members of society.

At our heart is the desire to transform the lives of the poorest and most marginalised people, restoring dignity, independence and hope.

Fatima's Story

Fatima is one of four siblings born with poor eyesight. Unable to afford the £570 required for a cornea transplant, she could have faced a life of limited opportunities.

However, free treatment from LRBT's hospital in Karachi restored Fatima's failing sight, along with possibilities for her future.

Today, she works as a teacher at a Blind Institution and is a passionate advocate for women's empowerment.



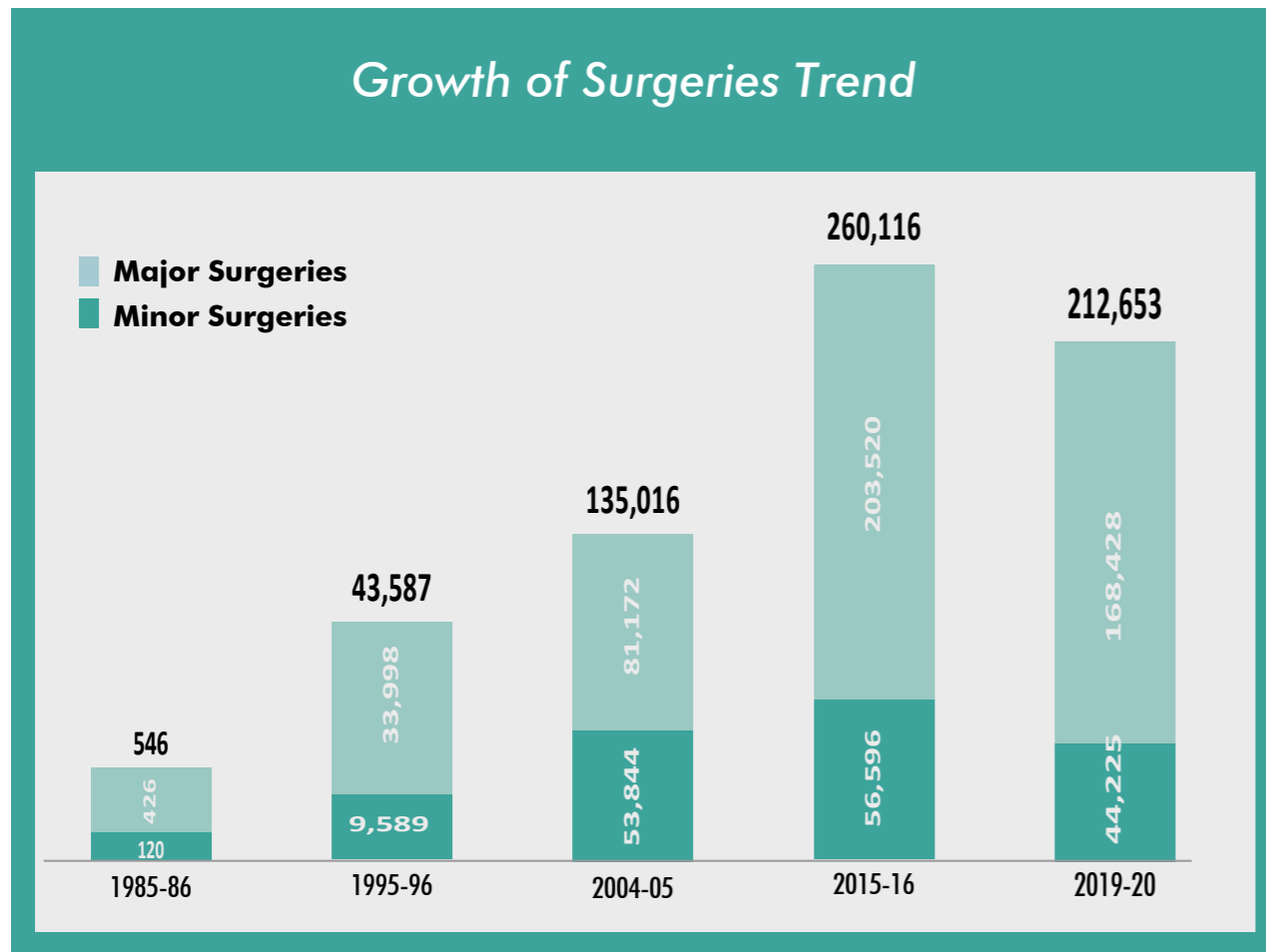
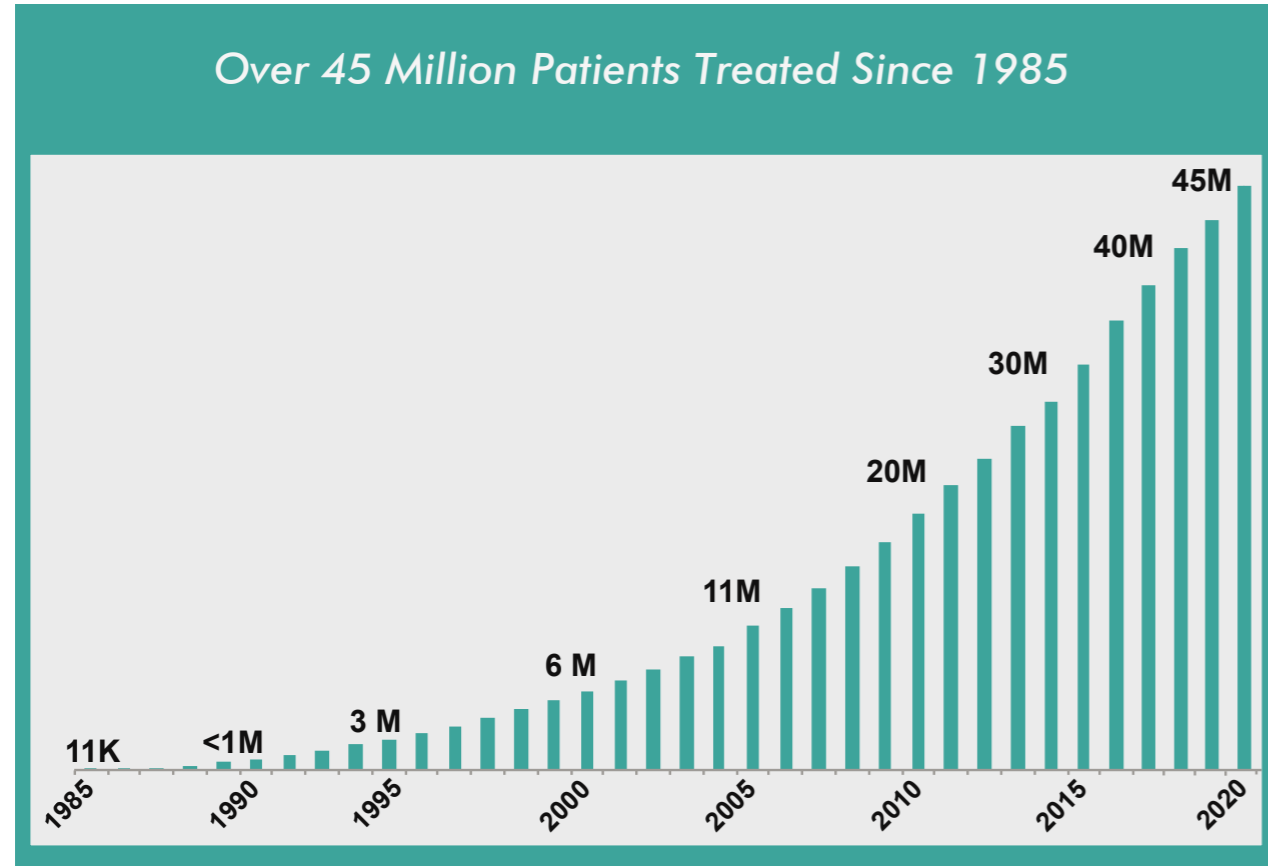
Social Impact



GLT and LRBT have halved the incidence of blindness in Pakistan.

Our goal is to serve humanity and alleviate the suffering caused by vision related disability. Pakistan is a country of 200 million people from diverse ethnic, religious, cultural and socio-economic backgrounds. All patients seeking treatment are welcomed with the same level of courtesy and care.

Our reputation for providing access to medical care without favouritism or discrimination has resulted in treatment for a wider number of people, and this has played its part in the increased growth of the service.



Kehkashan's Story

Schoolgirl Kehkashan's parents were devastated when they discovered that their daughter had developed Glaucoma at the age of eight.

Her father being blind himself did not wish for his daughter to go through the same hardships as him. As the sole breadwinner, Kehkashan's mother works for a garment factory, earning just enough for the family to get by.

Luckily, timely intervention at LRBT saved Kehkashan's sight, which, if left untreated in children can cause irreparable damage.

We wish Kehkashan every success in her studies.

Treatment for Glaucoma £59



Qamar Jahan's story...

Qamar Jehan is a female health worker who helps to provide a vital service through educating the urban poor about vaccination, as well as facilitating their treatment.

As a widow, she is the sole breadwinner supporting her two disabled sons, who are unable to care for themselves. Qamar knew her eyesight was deteriorating but she could not afford the £177 needed for her treatment. However, if she had lost her vision, her family would have become destitute.

Luckily, at LRBT she received treatment for a detached retina, which enabled her to return to work and continue earning a living.

Livelihoods like Qamar's can be sustained with our support to overcome life's challenges.

Many patients like Qamar ask only for a helping hand during times of difficulty and want to live, as we all do, with independence and dignity.

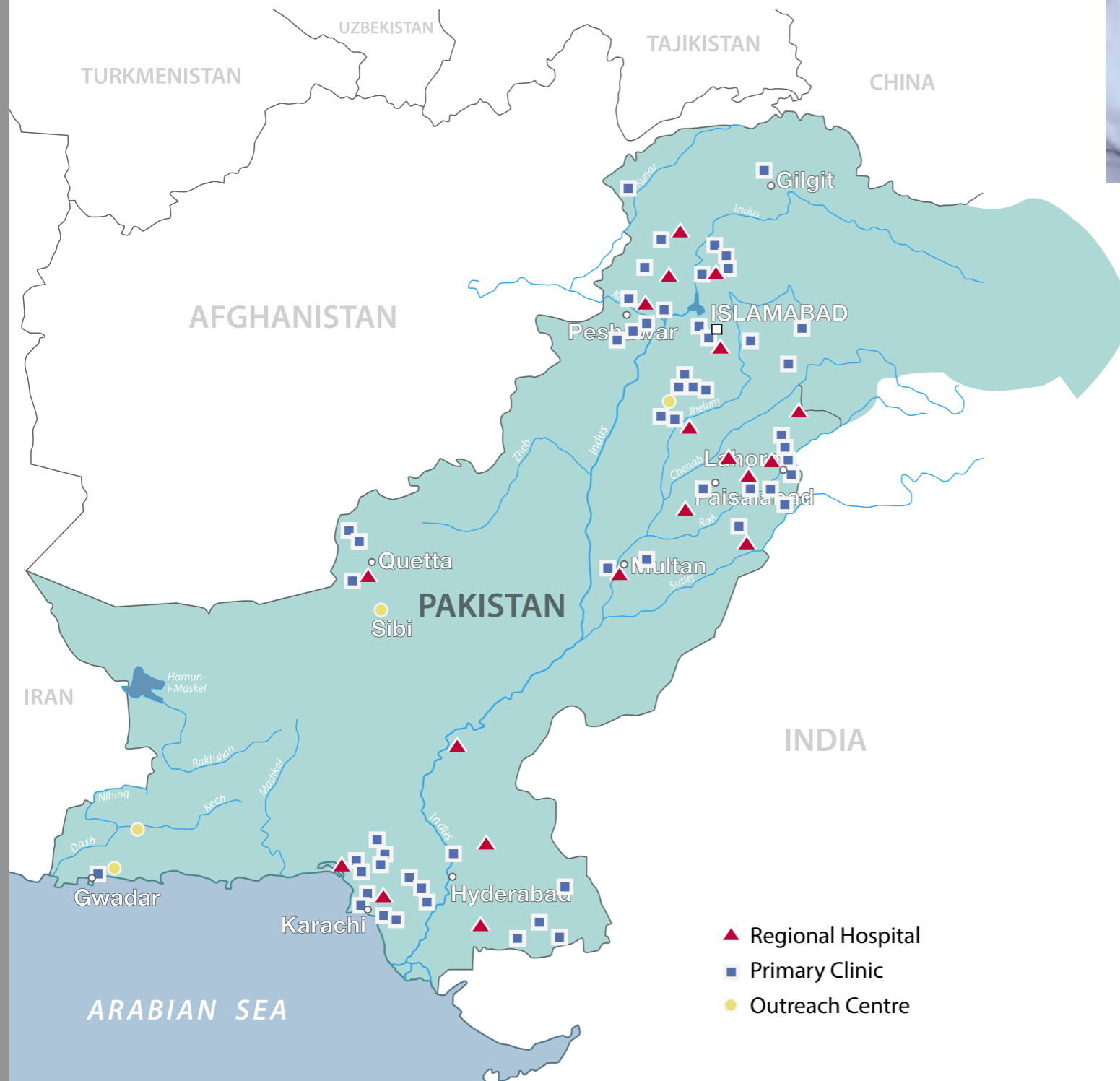


Our Hospitals

19 hospitals, 55 clinics

Recent developments include:

- Gilgit clinic opened September 2020
- Chiniot hospital April 2019



Teaching and Training

Postgraduate Ophthalmic Fellowship

We run the largest Postgraduate Ophthalmic Fellowship training programme in Pakistan, which is accredited by the College of Physicians and Surgeons. 210 Fellowships have been granted by the college since 1991 across our 3 teaching hospitals. 43 doctors are currently undergoing post-graduate training.

School of Paramedicine

At our School of Paramedicine, we offer high quality training courses for operating theatre technicians, ophthalmic technicians and refractionists. The prestigious Jinnah Medical and Dental College endorses the training programmes and 63 students enrolled this year.

Bringing Healthcare to the Heart of the Community

Mobile eye screening camps enable us to reach remote communities with little access to good quality health care.

We serve:

- Remote rural villagers
- Deprived urban populations
- School children

By reaching the heart of rural and urban communities, our ophthalmologists can evaluate the eye health condition of all patients, free of charge. The aim is to identify eye problems early and provide appropriate treatment.

17,000 people were assessed and treated at our eye screening camps last year.

School eye screening camps offer free eye checks to all children to identify and treat eye problems quickly in the immature eye. This early intervention provides the best outcome for sight development in children.

We have trained 6,000 teachers to recognise the early signs and symptoms of deteriorating eyesight and refer children to our hospitals and clinics.

Screening camp sponsorship costs approximately £2,000.



Namriaz can return to work

Namriaz from Northern Pakistan earns his livelihood by selling pakoras and samosas from his food stall.

Despite his modest income of Rs. 15,000 (£150) a month, he was unable to spare the £23 required for cataract surgery while also paying for food, utilities, rent and school fees.

Patients like Namriaz just need a helping hand to overcome life's challenges, wanting nothing more than the dignity of supporting their own families.



A Brief History

Graham Layton, the late philanthropist, industrialist and decorated officer wanted to 'give something back' to the country that had been good to him and where he had made his fortune. His story is a remarkable one.

Graham Layton established the MacDonald Layton Company, which became one of the largest construction companies in Pakistan responsible for constructing the parliament building in Islamabad and much of the heart of modern commercial Karachi. He retired and returned to England in 1977, but went back to Karachi in 1984 taking Pakistani citizenship in the country that was his spiritual home.

In 1984, he set up the Graham Layton Trust (GLT) in the UK to fund free eye care for the poor in Pakistan.

The same year, in partnership with his friend Zaka Rahmatulla, he founded the Layton Rahmatulla Benevolent Trust (LRBT) as its sister charity to deliver the service on the ground.

Zaka Rahmatulla, who had himself lost vision in one eye, knew full well the debilitating impact of sight loss. They each contributed Rs 500,000 (equivalent to \$33,00 at that time) to set up the first mobile eye unit in Tando Bago. Today the Trusts have developed a network of 19 hospitals, including 3 teaching hospitals and 55 clinics. Our clinical expertise enables us to treat the whole spectrum of eye conditions helping people of all ages and backgrounds without discrimination.

By restoring sight and basic human dignity, the real impact is that people have the opportunity to live productive independent lives.





*“I shall pass through this world but once.
Any good that I can do
or any help that I give to my fellow
beings, let me do it now.
Now; for I shall not pass this way again.”*

Stephen Grellet (1773 - 1855)

Our Trustees and Committee Members

The Graham Layton Trust is led by a dedicated group of trustees, ensuring your funds are used to meet the eye health needs of Pakistani citizens. With responsibility for ensuring the Trust meets its regulatory and governance responsibilities, the trustees also provide strategic direction.

Patron Lord Michael Dobbs of Wylde

The Trustees

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Mr Jehangir Mehta, Honorary Treasurer

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Mrs Nusrat Mirza

